



FRESH! SPA
ULUWATU

Fresh Spa is your haven from the high street!
Shimmy into our nostalgic beauty lounge from yesteryear
and allow us to revive your beauty and rejuvenate your soul.

WWW.FRESHSPABALI.COM

FRESH! BODY

Resurrection Back, Neck, and Shoulder Massage

30 mins - IDR 155,000**

Perfect for those on the run. We can't quite claim a cliché loaded re-birth experience, but with skilled therapists showing some love to your back, neck and shoulders we can guarantee you will "float" out feeling a whole lot better than on arrival.

Classic Balinese Massage

60 mins - IDR 255,000** | 90 mins - IDR 355,000**

You ain't lived until you have experienced this massage. Quintessential Balinese massage in all its glory. A balanced combination of traditional pijat techniques and long relaxing effleurage strokes that leave you feeling like you need to you need to extend your visa on arrival.

Nomadic Dreams Tension Release Massage

75 mins - IDR 355,000**

The ultimate antithesis to too many hours at the laptop, this remedial massage incorporates lomi lomi strokes and a little bit of elbow action to knead out tension created over time due to bad posture.

Shiatsu Massage

60 mins - IDR 280,000** | 90 mins - IDR 380,000**

Keep your comfy clothes on! A non oil Japanese massage which focuses on finger, palm and foot pressure on accupoints along the body's meridian pathways. Great for overworked muscles, increases blood circulation for quicker muscle recovery. You will walk out of this one in full deep relaxation, ahhhhh.

Magic Glove Body Scrub 45 mins - IDR 305,000**

Two full body scrubs, first with our magic glove, second a soft scrub/massage, all on our specially designed wet massage beds. Ladles full of warm water in between, and finished off with a head massaging hair wash and hair spa conditioner. You will see and feel the difference all over!

Coconut Dream Body Scrub 30 mins - IDR 215,000**

The scent of our specially created coconut oil and sea salt scrub brings you back to your Hawaiian Tropic tanning days! Skin is left invigorated and silky smooth hydrated. What's even better you can buy a jar to take home with you!

Balinese Reflexology

30 mins - IDR 150,000** | 45 mins - IDR 175,000** | 60 mins - IDR 200,000**

Both relaxing and remedial, balinese reflexology combines foot acupressure with our own signature lymphatic drainage strokes to soothe and balance.



FRESH! BOOSTER *Maximize your treatment with this sexy add on!*

Ear Candling 30mins - IDR 205,000**

Hair Mask 10mins - IDR 100,000**

FRESH! FACE

Thank me later

45 mins - IDR 380,000**

For those who just want a quick refresh, this facial is also suitable for sensitive skin. Gentle but effective facial massage techniques increase circulation and firmness but minimise redness.



Revamp

75 mins - IDR 475,000**

This facial caters to acne prone skin and uneven tone due to pigmentation. It is the perfect combination of skilled extraction, steam ozone, clarifying products and bacteria zapping Blue LED light, and will have you cruising out with your head held high.

The Ivy leaguer

75 mins - IDR 590,000**

Ideal if you are naturally prone to dry skin or are suffering the effects of too much sun exposure. Intensely nourishing products are applied with just the right smoothing touch to ensure total absorption. Finished off with Red LED light to fade out wrinkles and stimulate collagen production.

The Supernova

90 mins - IDR 475,000**

This facial is a complete and exceptional experience, so many steps including a 5 phase cleansing protocol, peel and a nourishing mask. This facial is deeply relaxing, and results in radiant, beautifully clean skin.

Daddy-0

60 mins - IDR 400,000**

This one is for the men, as men have different skin composition and pores to women so we have designed this facial specifically for them. Daily shaving wreaks havoc also. This facial is a nourishing, rebalancing, rehydrating experience.

The Cadillac

90 mins - IDR 925,000**

Everything about this facial is premium, carefully curated acupressure facial massage taken from Japanese shiatsu techniques combined with the absolute best Yonka has to offer makes this facial a top of the line non invasive, anti-ageing experience.

Like a Boss Facial Yoga

60 mins - IDR 445,000**

This facial uses accupressure and accupoint facial massage and stretching, kneading strokes to release facial tension and encourage defined contours. It is a work out for the face. We even send you home with a maintenance exercise prescription!



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Gemstone Roller Face Yoga 30mins - IDR 275,000**

Collagen Jade Eye Mask 30mins - IDR 250,000**

LED Light Machine 20mins

IDR 100,000**/session | IDR 450,000**/package of 5 sessions + 1 free

FRESH! NAILS

BUFF 40 mins | Clean, shape and conditioning massage, without polish.

Hands IDR 150,000** | **Feet** IDR 170,000**

POLISH 60 mins | Clean, shape and conditioning massage, with polish.

Hands (OPI) IDR 200,000** (OPI Gel) IDR 385,000**

Feet (OPI) IDR 220,000** (OPI Gel) IDR 405,000**

FRENCH 75 mins | Clean, shape and conditioning massage, with French polish.

Hands (OPI) IDR 250,000** (OPI Gel) IDR 435,000**

Feet (OPI) IDR 270,000** (OPI Gel) IDR 455,000**

EXPRESS 40 mins | Quick clean & shape, with polish.

Hands (OPI) IDR 150,000** (OPI Gel) IDR 335,000**

Feet (OPI) IDR 170,000** (OPI Gel) IDR 355,000**

POLISH CHANGE 20 mins | Remove old regular polish and apply new color.

Hands or Feet (OPI) IDR 100,000** (OPI Gel) IDR 275,000**

FRENCH POLISH CHANGE 20 mins

Remove old regular polish and apply new French polish.

Hands or Feet (OPI) IDR 135,000** (OPI Gel) IDR 320,000**

OPI GEL REMOVING IDR 100,000**

NAIL ART IDR 25,000** per nail | Flowers, dots, fun stuff

LITTLE PEOPLE (under 12) 45 mins - IDR 150,000**



Nail Polish Guarantee - if your nail polish chips within 3 days or your gel within 7 days, contact reception and we'll fix it for free

FRESH! WAXING

Bikini Line	IDR 150,000 ⁺⁺
Brazilian	IDR 250,000 ⁺⁺
Half Legs	IDR 175,000 ⁺⁺
Half Arms	IDR 150,000 ⁺⁺
Shoulder	IDR 175,000 ⁺⁺
Full Legs	IDR 275,000 ⁺⁺
Full Back	IDR 275,000 ⁺⁺
Full Arms	IDR 175,000 ⁺⁺
Underarms	IDR 120,000 ⁺⁺
Upper Lips	IDR 100,000 ⁺⁺
Chin	IDR 100,000 ⁺⁺
Eyebrow Wax	IDR 100,000 ⁺⁺
Eyebrow Shaping	IDR 150,000 ⁺⁺



FRESH! BOOSTER

Maximize your treatment with this sexy add on!

Foot & Leg Spa 30mins - IDR 195,000⁺⁺
Cleaning – Buffing
Scrubbing – Revitalizing Mask



Where is
FRESH! SPA
ULUWATU?



JL. LABUAN SAIT

(next to Padang-Padang Inn)

We're open from
10 am - 9 pm



Morning price

10% discount
received for
any treatment
finished before **12** noon



*To book
an appointment*

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✉ freshuluwatu@freshspabali.com

